## GENETIC STUDY OF PHACTR1 AND FIBROMUSCULAR DYSPLASIA, META-ANALYSIS AND EFFECTS ON CLINICAL FEATURES OF PATIENTS: THE ARCADIA-POL STUDY

E. Warchol-Celinska<sup>1</sup>, T. Berrandou<sup>2, 3</sup>, A. Prejbisz<sup>1</sup>, A. Georges<sup>2, 3</sup>, D. Dupré<sup>2, 3</sup>, M. Januszewicz<sup>4</sup>, E. Florczak<sup>1</sup>, K. Jozwik-Plebanek<sup>1</sup>, J. Piwonski<sup>1</sup>, W. Drygas<sup>1</sup>, P. Dobrowolski<sup>1</sup>, M. Kabat<sup>1</sup>, M. Szczerbo-Trojanowska<sup>5</sup>, K. Kowalczyk<sup>1</sup>, M. Pappaccogli<sup>6, 7</sup>, A. Persu<sup>7, 8</sup>, P.-F. Plouin<sup>3, 9</sup>, X. Jeunemaitre<sup>2, 3, 9</sup>, A. Januszewicz<sup>1</sup>, N. Bouatia-Naji<sup>2, 3, 1</sup>Institute of Cardiology, Warsaw, Poland, <sup>2</sup>INSERM UMR970, Paris Cardiovascular Research Center, Paris, FRANCE, <sup>3</sup>Faculty of Medicine, Paris-Descartes, Université de Paris, Paris, FRANCE, <sup>4</sup>Medical University of Warsaw, 2nd Department of Radiology, Warsaw, Poland, <sup>5</sup>Medical University of Lublin, Department of Interventional Radiology and Neuroradiology, Lublin, Poland, <sup>6</sup>University of Turin, Division of Internal Medicine and Hypertension Unit, Department of Medical Sciences, Turin, Italy, <sup>7</sup>Université Catholique de Louvain-Division of Cardiology, Cliniques Universitaires Saint-Luc, Brussels, BELGIUM, <sup>8</sup>Université catholique de Louvain-Pole of Cardiovascular Research, Institut de Recherche Expérimentale et Clinique, Brussels, BELGIUM, <sup>9</sup>APHP - Department of Hypertension, Paris, FRANCE

**Objective:** We have recently established a complex genetic basis for fibromuscular dysplasia (FMD), a common cause of renovascular hypertension (HTN). Here we aimed to replicate the association between the PHACTR1 locus and FMD in a Polish case control study, and assess the effect of this genetic locus on clinical features of patients.

**Design and method:** Patients are part of the ARCADIA-POL study (75% women, mean age = $45 \pm 11$ yrs) with confirmed FMD in at least one vascular bed. All patients underwent detailed clinical evaluation including: ABPM, biochemical evaluation, duplex Doppler and whole-body angio-CT. Controls were randomly ascertained from the WOBASZ study, a population-based Polish cohort. Genotyping for rs9349379 was by direct sequencing. We used logistic regression and global effect estimation using METAL, Mann-Whitney test for continuous traits and Fischer exact test for categories.

**Results:** We analysed 151 FMD patients and 298 controls, all with European ancestry. We confirmed the association between rs9349379 and FMD in the ARCA-DIA-POL case control study and found 56% increased risk for FMD risk per A allele (OR = 1.56; 95%CI = 1.14-2.13; P =  $5.5 \times 10-3$ ). We now globally update the estimated effect of this risk variant on FMD through meta-analysis of 1,283 FMD cases and 4,193 controls, (OR = 1.40; 95%CI = 1.27-1.55; P =  $1.8 \times 10-11$ ).

Among the 151 Polish patients, we found equal distribution of rs9349379 genotypes in both sexes (P = 0.64), current (P = 0.27) or ex-smokers (P = 0.42) and multifocal and unifocal FMD sub-phenotypes (P = 0.33). Patients with AG/AA genotypes tend to be less likely to present multivessel FMD (19%vs48% in GG patients, P = 0.04). No differences were found between mean age of FMD (P = 0.70) of HTN (0.77) diagnosis. However, patients with AG/AA genotypes tend to have an average of 4.4 years more delay between HTN and FMD diagnosis (P = 0.04).

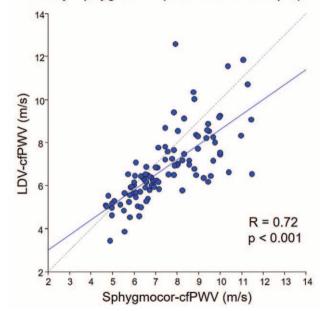
**Conclusions:** We provide confirmatory association between PHACTR1 locus with FMD in this first genetic study in a Polish population and an updated global effect through the largest existing genetic meta-analysis for this disease. Further confirmation is required for the association we observed among the risk allele carriers with less arterial beds affected and in longer delay of FMD diagnosis.

## MEASUREMENT OF AORTIC STIFFNESS BY LASER DOPPLER VIBROMETRY: THE CARDIS STUDY

L. Marais<sup>1</sup>, H. Khettab<sup>1</sup>, Y. Li<sup>2</sup>, P. Segers<sup>3</sup>, R. Baets<sup>2</sup>, K. Reesink<sup>4</sup>, S. Aasmul<sup>5</sup>, M. De Melis<sup>5</sup>, Pi. Boutouyrie<sup>1</sup>, PARCC - INSERM U970, Georges Pompidou European Hospital, Paris, FRANCE, <sup>2</sup>Photonics Research Group, INTEC, Ghent University - IMEC, Ghent, BELGIUM, <sup>3</sup>bioMMeda - Institute Biomedical Technology, Ghent University, Ghent, BELGIUM, <sup>4</sup>CARIM, Maastricht University Medical Center, Maastricht, THE NETHERLANDS, <sup>5</sup>Medtronic Bakken Research Center, Maastricht, THE NETHERLANDS

**Objective:** The CARDIS consortium developed a non-contact device for measuring carotid to femoral pulse wave velocity (cfPWV) using a laser doppler vibrometer (LDV). CARDIS-LDV measures skin vibrations induced by large artery pulses. From pulse waveforms, transit time (TT) can be calculated. The aim of the study was to compare LDV-cfPWV with the reference cfPWV measured by applanation tonometry (Sphygmocor).

## Association between cfPWV measured by LDV and by Sphygmocor (reference technique)



**Design and method:** 100 patients with mild to stage 3 hypertension, controlled or not, were tested. LDV-cfPWV was measured 4 times by applying reflective tapes on the carotid and femoral arteries. TT was measured at the foot of the wave from the maximum of 2nd derivative using in-house algorithms not requiring ECG, and compared to Sphygmocor (3 acquisitions).

**Results:** LDV-cfPWV was obtained in 100% of patients. Mean age was 47  $\pm$  19 (range 19–85). Hypertensives were well controlled (119/65 mmHg). Mean value of LDV-cfPWV was 6.9  $\pm$  1.7 m/s, compared to 7.5  $\pm$  1.7 m/s with Sphygmocor, bias 0.65  $\pm$  1.27, R value 0.72 (see Figure), which qualifies agreement as acceptable according to the guidelines from the ARTERY Society (Wilkinson et al., Artery Research 2010). Reproducibility was good with a median coefficient of variation of 5.6%. LDV-cfPWV has similar association with age and blood pressure than tonometry (r = 0.68, p < 0.001 and r = 0.44, p < 0.001, respectively).

**Conclusions:** Non-contact measurement of pulse wave velocity by laser doppler vibrometry is feasible, highly acceptable by patients and provides acceptable agreement with reference technique.

## ASSESSMENT OF EFFICACY OF NON-INVASIVE PERIPHERAL TRANSCUTANEOUS ELECTRICAL NERVE STIMULATION FOR CORRECTION OF BLOOD PRESSURE IN PATIENTS WITH ARTERIAL HYPERTENSION

K. Malakhov<sup>1</sup>, I. V. Kirichok<sup>2</sup>, V.V. Malakhov<sup>1</sup>, A.A. Gurov<sup>1</sup>, E.Yu. Bersenyev<sup>3</sup>, V.A. Kokorin<sup>4</sup>, A.A. Fedorov<sup>5,1</sup>Inferum Group - Medical Department, Ekaterinburg, RUSSIA, <sup>2</sup>Municipal Polyclinic N175 of the Moscow Health Department, Moscow, RUSSIA, <sup>3</sup>National Research Center of Russia - Institute of Biomedical Problems of the Russian Academy of Sciences, Moscow, RUSSIA, <sup>4</sup>Hospital therapy #1 department - Pirogov Russian National Research Medical University, Moscow, RUSSIA, <sup>5</sup>Chair of Physical therapy, Exercise Therapy and Sports Medicine - Urals State Medical University, Ekaterinburg, RUSSIA

**Objective:** To assess efficacy and safety of the non-invasive method for peripheral transcutaneous electrical nerve stimulation (TENS) for blood pressure (BP) correction in patients with arterial hypertension (AH).

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