Compact and Highly Efficient Grating **Couplers Between Optical Fiber and** Nanophotonic Waveguides

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Abstract—We present high-efficiency grating couplers for coupling between a single-mode fiber and nanophotonic waveguides, fabricated both in silicon-on-insulator (SOI) and InP membranes using BenzoCycloButene wafer bonding. The coupling efficiency is substantially increased by adding a gold bottom mirror to the structures. The measured coupling efficiency to fiber is 69% for SOI grating couplers and 56% for bonded InP membrane grating couplers.

Index Terms-BenzoCycloButene (BCB) wafer bonding, gold mirror, grating couplers, integrated optics.

I. INTRODUCTION

▼ OUPLING to fiber remains a serious issue in integrated optics. The large difference in dimensions between the fiber and the waveguides on a chip causes high insertion losses and high packaging costs. The ongoing trend to make components smaller, in order to integrate them on one single chip, makes the problem even more difficult. The key features of an effective solution are compactness, low insertion loss, large alignment tolerance, and broadband operation.

Several approaches have been followed to tackle the problem. A very elegant solution is the inverted taper approach, for which low loss and broadband operation were demonstrated in [1]–[3]. These structures however still require lensed or high numerical aperture fiber for a reduced optical mode size.

We use grating couplers for out-of-plane coupling between a standard single-mode fiber and a waveguide. The principle is shown in Fig. 1.

This approach has some major advantages over edgecoupling methods. There is no need for a cleaved facet, and light can be coupled in and out everywhere on the chip, opening the way for wafer-scale testing. Traditional grating couplers

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10um wide waveguide

Fig. 1. Coupling principle between fiber and photonic wires by means of a grating.

have a small coupling strength and are therefore rather long and have a small bandwidth. A coupling efficiency of 40% was reported in [4]. By using a top mirror and coupling through the substrate, a coupling efficiency of 57% was demonstrated in [5]. In both cases, an additional lens is needed to couple to the fiber. We use a strong and compact grating, resulting in a relatively large bandwidth. A coupling efficiency to single-mode fiber of 33% for a 10×10 - μ m² grating coupler in silicon-oninsulator (SOI) was demonstrated in [6]. The coupler has a 1-dB bandwidth of 40 nm and shows good alignment tolerances $(\pm 2 \ \mu m \text{ for } 1\text{-dB excess loss})$. A 2-D-grating version can be used for getting polarization independence through polarization diversity [7].

For integration with active optoelectronic components, it would be interesting to implement these couplers also in III-V material. For telecom applications, InP/InGaAsP is the material system of interest. However, it is impossible to easily transfer existing designs for SOI gratings to InP. The vertical index contrast of InP-based heterostructures is too modest for this purpose. In [8], we modified the vertical index contrast by using BenzoCycloButene (BCB) wafer bonding. We demonstrated grating couplers in bonded InP membranes with a coupling efficiency of 30%.

For both SOI and InP membrane couplers, the coupling efficiency is limited by radiation toward the substrate. In this paper, we solve this problem by adding a gold bottom mirror to grating couplers in SOI and bonded InP membranes. The measured coupling efficiencies are 69% and 56%, respectively.



Fig. 2. Upward radiated power, downward radiated power, and coupling efficiency of a regular SOI grating coupler.

II. GRATING COUPLERS IN SOI

A. Design

1) Starting Point: We start from an existing SOI grating coupler (Si core layer of 220 nm and SiO₂ buried oxide layer of 1 μ m). The gratings were designed for TE polarization, using CAvity Modelling FRamework (CAMFR, an eigenmode expansion tool) [9]. The design method is described in detail in [10]. We use near vertical coupling (at 10° with respect to the vertical axis) to avoid second-order reflection and consider coupling from waveguide to fiber (coupling from fiber to waveguide is the same, since we consider coupling between two modes).

The thickness of the buried oxide has a major influence on the coupling efficiency, as described in [11] and [12]. The downward radiated wave partially reflects at the oxide–substrate interface. The oxide thickness should be chosen such that the reflected wave interferes constructively with the directly upward radiated wave. For the used grating (period = 610 nm, etch depth = 50 nm, duty cycle = 50%, 20 periods), the power coupled upward ($P_{\rm air}$), the power coupled toward the substrate ($P_{\rm subs}$), and the coupling efficiency to fiber are shown as a function of the buried oxide thickness in Fig. 2 for the central wavelength of the coupler.

Some care should be taken when discussing the efficiency values. In grating literature, coupling efficiency is often defined as the fraction of the power that is coupled in or out by the grating [13]. Here, we calculate the coupling efficiency to fiber by multiplying $P_{\rm air}$ by the overlap integral of the outcoupled field profile and the fiber mode. For the used SOI structure, the oxide layer thickness is fixed to 1 μ m, while the optimal thickness is 900 nm. The grating coupler has a theoretical coupling efficiency to fiber of 30%. An important part of the power (45%) is radiated into the substrate, since the oxide–substrate interface is not a perfect reflector. A field plot of the structure is shown in Fig. 3.

2) Extension With a Gold Bottom Mirror: The coupling efficiency can be increased substantially by using a nearly perfect reflector as a bottom mirror. We have extended the SOI grating coupler with a gold bottom mirror. Before applying the gold



Fig. 3. Field plot of the SOI grating coupler. Forty-five percent of the power is radiated toward the substrate.



Fig. 4. Determination of the optimal BCB buffer thickness for the SOI coupler with a gold bottom mirror.



Fig. 5. Field plot of the optimized SOI structure with a gold bottom mirror.

mirror, a low-index buffer layer has to cover the grating. We chose BCB—a low-index (n = 1.54 at $\lambda = 1.55 \ \mu$ m) polymer with good planarization properties—as the buffer layer. Its thickness is optimized in order to get the constructive interference between the directly upward radiated wave and the reflected wave at the bottom mirror. The optimal simulated BCB buffer thickness is 840 nm, as shown in Fig. 4.

The SOI structure, with buffer layer and gold mirror, is bonded onto a host substrate (pyrex in our case) with another BCB layer (of which the thickness is irrelevant for device efficiency), and the Si substrate is removed. The 1- μ m buried oxide layer remains as the top layer. The theoretical coupling efficiency to fiber is 72%. A field plot of this structure is shown in Fig. 5. No power is radiated toward the substrate anymore.



Fig. 6. Simulation results for the different types of SOI grating couplers.



Fig. 7. (Left) Top view of the fabricated SOI structure with a bottom mirror. (Right) SEM picture of an FIB cross section.

The simulations are summarized in Fig. 6. The coupling curves of an SOI grating coupler $(1-\mu m \text{ buried-oxide-layer thickness})$, a bonded SOI grating coupler (without a bottom mirror), and a bonded SOI grating coupler with a bottom mirror are shown.

B. Fabrication

The SOI structures were defined using 248 nm deep ultraviolet (DUV) lithography and were etched to a depth of 50 nm with reactive ion etching (RIE). More details can be found in [14]. After cleaning the samples, a BCB layer of 840 nm was spin coated onto the SOI die and cured for 40 min at 210 °C. Afterwards, only the grating area was covered with a 50 nm evaporated gold layer using lift-off (Fig. 7). The die was then bonded under vacuum onto a pyrex substrate using an approximately 3- μ m thick BCB layer. After curing the BCB for 1 h at 250 °C, the silicon substrate was removed using lapping, SF₆ plasma etching, and wet etching in KOH using the SOI buried oxide layer as an etch-stop layer. A picture of the fabricated structure is shown in Fig. 7 (left), together with an SEM picture of a focused ion beam (FIB) cross section (right).

C. Measurements

The structures consist of an input grating coupler and an output coupler connected by a waveguide (10- μ m wide tapered to a width of 3 μ m). Only the input coupler has a gold bottom mirror. On the sample, we also have bonded reference structures



Fig. 8. Measurement results for bonded SOI couplers with and without a gold bottom mirror.

without a bottom mirror, allowing us to evaluate the performance of the mirror. The coupling efficiency is determined from a fiber-to-fiber transmission measurement for the TE polarization. A fiber connected to a tunable laser is positioned at 10° with respect to the vertical axis above the input grating. Another fiber is positioned above the output grating (also at 10°) and connected to a power detector. The position of the fibers is optimized for maximum transmission. By neglecting the waveguide losses (since the waveguides are 3–10- μ m wide) and by measuring the transmission efficiency of our setup, we are able to calculate the coupling efficiency.

First, the coupling efficiency of a bonded grating coupler without a bottom mirror is determined by measuring the transmission of the reference structures (no mirrors). By assuming that input and output couplers are the same, the coupling efficiency is calculated to be 26%. This value can be used to determine the coupling efficiency of a grating coupler with a bottom mirror. We have measured 69% coupling efficiency for a grating coupler with a bottom mirror. The measurement results are shown in Fig. 8. The coupling efficiency is deduced from the best fit Gaussian function.

III. GRATING COUPLERS IN INP MEMBRANE

A. Rationale

SOI is very well suited for performing passive functionality, but it is very difficult to make active components in SOI. Heterogeneous integration of III–V material (active functions) and SOI (passive functions) could be a viable solution [15].

Another possibility is to perform both active and passive functions in InP/InGaAsP. However, the vertical index contrast of a classical InP/InGaAsP heterostructure is too low for making waveguides with a strong vertical confinement, as is the case in SOI. By applying wafer bonding, the vertical index contrast can be modified, resulting in an InP membrane with high vertical index contrast. These membrane components can then be integrated with classical InP heterostructure components.



Fig. 9. Determination of the optimal BCB thickness for an InP membrane coupler with a gold bottom mirror.



Fig. 10. Field plot of the optimal InP membrane structure.

B. Design

The design method is similar to the method for SOI grating couplers. Again, a gold bottom mirror is added to the structure to avoid radiation toward the substrate. The InP membrane has a thickness of 300 nm. The period of the optimized grating is 660 nm, the etch depth is 70 nm, and the duty cycle is 50%. We bond onto a gold-coated substrate, meaning that the bonding layer serves also as the buffer layer. The thickness of this BCB layer is again optimized in order to get a constructive interference between the reflected wave at the gold mirror and the directly upward radiated wave. The maximum coupling efficiency as a function of BCB thickness (for the central wavelength of the coupler) is shown in Fig. 9. The optimal thickness is 1.23 μ m, and the maximum coupling efficiency is 78%. A field plot of the optimal structure is shown in Fig. 10.

C. Fabrication

The layer structure used for the devices consists of an InP substrate, an InGaAsP etch-stop layer, and a 300-nm InP layer, serving as the membrane layer. In the first step, gratings and waveguides are defined by e-beam lithography using polymethyl methacrylate. The waveguides are $12-\mu m$ wide and bounded by $3-\mu m$ wide trenches. The pattern is then transferred into plasma-enhanced chemical vapor deposition (PECVD)-deposited SiO₂ hard mask by RIE using CHF₃. Finally,



Fig. 11. Measured and simulated coupling efficiency of bonded InP membrane grating couplers with a gold bottom mirror.

the structures are etched into the epistructure by inductively coupled plasma (ICP) using CH_4/H_2 , and the hard mask layer is removed with HF. The InP samples are much smaller than the SOI samples described above. It is very difficult to spin a uniform BCB buffer layer on such small samples. Therefore, we bond the samples onto a gold-coated Si substrate by means of BCB, with the grating at the bottom side. The BCB thickness is targeted at 1.23 μ m. After curing the BCB for 1 h at 250 °C in a nitrogen environment, the InP substrate is removed by lapping and wet etching in HCl. Finally, the etch-stop layer is removed by wet etching in H₂O:H₂SO₄:H₂O₂.

D. Measurements

The coupling efficiency is determined from a fiber-to-fiber transmission measurement. In this case, both input and output couplers have bottom mirrors. By assuming that input and output couplers are the same, we calculate the coupling efficiency of a single coupler from the transmission efficiency. The measurement result is shown in Fig. 11, together with the simulated curve. The measured coupling efficiency is 56%, and the 1-dB bandwidth is around 45 nm. The deviation between theory and experiment is caused by a deviation between theoretical and fabricated structure (etch depth, filling factor, and BCB thickness).

IV. CONCLUSION

We have designed and fabricated highly efficient grating couplers for coupling between a single-mode fiber and nanophotonic waveguides in SOI and bonded InP membranes. The addition of a gold bottom mirror results in high coupling efficiency values. We have measured 69% coupling efficiency for SOI grating couplers and 56% for grating couplers in an InP membrane. As these couplers are very compact and have low insertion losses and relatively broadband operation, they meet the requirements for application in future telecommunication networks. Further improvements include the apodization of the grating (varying groove widths and etch depths), which would increase the theoretical coupling efficiency to over 90%.

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